"What good is the warmth of summer, without the cold of winter to give it sweetness." - John Steinbeck

Neighborhood Meeting

The next neighborhood meeting will be held on Tuesday, February 11th, 7p at the Cabbagetown Community Center.

Agenda

6:45 to 7p: Networking & Snacks

7p: Meeting

- 1. Welcome & Announcements
 - Valencia Hudson,
 City of Atlanta Liasion
 - Atlanta Police Department
- 2. Minutes of Last Meeting
- 3. Treasurer's Report
 - 2014 Budget Presentation
- 4. Committee & Other Reports
 - Hospitality
 - Historic Preservation & Land Use Milltown Tavern proposed hours change, adding 7:30a to 10:30a
 - NPU-N
 - Neighborhood Watch/Public Safety
 - Cl Connect
 - Boulevard Tunnel Initiative
- 5. Old Business
- 6. New Business
 - Nominations for 2014 Officers
- 7. Public input

Visit *Cabbagetown.com* for agenda revisions and other announcements.

The Community Center is located at 177 Estoria Street. If you have an item to add to the agenda, please email cniaboard@gmail.com.

Security Patrol Dine-Out

The Cabbagetown/Reynoldstown Security Patrol and *Six Feet Under* will host a dine-out on Feb. 25th! Diners are requested to drop their dinner receipts into a bowl at the hostess stand to have them count towards the fundraiser. Proceeds will help deter crime through off-duty APD patrols in our neighborhoods. We hope to see you there!

Snowmageddon 2014



Three good friends, two dogs, a football and snow. At far right is Jeremy Ray with his dog, Sadie at Cabbagetown Park.

By Kyle F. Bidlack. On Tuesday, January 28th at 11:30a, snow began to fall in Cabbagetown. By 12:15p, it began to accumulate. And by 3:20p, roadways around metro Atlanta were at a stand still. The main culprits that brought Atlanta to a grinding halt, were the snow, iced over roadways, inclines and declines, and drivers and cars ill equipped to handle the conditions.

And while the rest of Atlanta succumbed to the clutches of Jack Frost, Cabbagetown bucked the trend and seemed to handle the conditions as well as our friends in Northern climes.

Most Cabbageheads properly stocked up on provisions, and did their best to stay off the roadways. Our by-ways were just as treacherous, but few abandoned cars, fenderbenders and blocked roadways were reported.

The Cabbagetown Neighbor tips it's cap to all Cabbageheads for the exemplary way you handled the storm.

By 8:30p the snow ended. 2.35 inches had fallen on Cabbagetown. Throughout the day, Cabbageheads walked our streets and parks and enjoyed our winter wonderland.

Sledding on Tennelle St., football in Cabbagetown Park and walking our dogs were among the preferred activities.

Continued on page 8

C-town Strong! See Pg. 3

Cabbagetown

Cabbagetown Neighbor is a monthly newspaper produced by the Cabbagetown Neighborhood Improvement Association (CNIA), a non-profit organization. This publication is supported by advertisers. Please submit news articles, announcements, and ads to: newsletter@cabbagetown.com. Previously published issues are available for download under the CNIA tab at www.cabbagetown.com.

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City of Atlanta Service Numbers

Missed Trash Pick-ups	404.330.6333
·	
Bureau of Parks Work Order Office	404.817.6813
Illegal Dumping	404.330.6333
Bulk Rubbish	404.330.6333
Potholes	404.330.6281
Traffic Concerns	404.330.6501
Zoning Enforcement	404.330.6175
Housing Code Compliance	404.330.6190
Atlanta Workforce Development	
Agency Job Hotline	404.658.9675
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Mayor's Office of Constituent Services	404.330.6023
Atlanta Police Department	404.614.6544
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Community Cyber Centers	404.880.7220

KEEP UP WITH THE NEIGHBORHOOD

Join the Cabbagetown online community at http://groups.yahoo.com/group/CNIA

And the parents' network of Cabbagetown kids at http://groups.yahoo.com/group/cabbagekids

ADVERTISE WITH US

Advertising with the *Cabbagetown Neighbor* is an inexpensive way to reach over 650 homes in the Cabbagetown neighborhood including the residences of *The Stacks Lofts*. It is also a great way to support the CNIA and the publication of this newspaper. Visit the CNIA website at **www.cabbagetown.com** or write the editors at **newsletter@cabbagetown.com** for more info.

ADVERTISING RATES				
Ad Size	One Month	Three Mos	Six Mos	One Year
1/8 Page 3.75" x 2.25"	^{\$} 25	^{\$} 70	^{\$} 135	^{\$} 255
1/4 Page 3.75" x 4.875"	^{\$} 50	^{\$} 140	^{\$} 270	^{\$} 510
1/2 Page Horz. 7.5" x 4.875"	^{\$} 100	\$280	^{\$} 540	^{\$} 1,020
1/2 Page Vert. 3.75" x 9.875"	^{\$} 100	\$280	\$540	^{\$} 1,020
Full Page 7.75" x 9.875"	^{\$} 160	\$450	\$870	^{\$} 1,680

Classified ads are 25° a word for non-residents.
Classified ads of 25 words or less and announcements are free of charge to Cabbagetown residents.

Cabbagetown Strong!

By Kyle F. Bidlack and Shirley Hughes

In the wake of the 2008 tornado, *Milltown Tavern* hosted an event to raised money for neighbors in need. Cabbagetown came together like never before. With that spirit in mind, *Milltown Tavern* creates an annual event to help others. Whether it's local artists, our *Grant Park Cooperative Preschool* or a village in Kenya in need of fresh water, Milltown has been there to help.

On November 8^{th,} 2013, Typhoon Haiyan ripped through the central part of the Philippines, killing more than 6,100, injuring over 23,000 and displacing millions. Shirley Hughes, owner of *Sweet Cheats*, is from the Philippines. Shirley and her husband Robert, are determined to help those affected by Typhoon Haiyan.

When Milltown heard of Shirley's connection to Typhoon Haiyan, the decision was made to focus this year's effort towards helping Shirley help her hometown of Bantayan in the Philippines.

Shirley's mom and dad, Rt. Air Force Master Sergeant Bernard Hughes and Josefina Hughes were in an area directly affected by Typhoon Haiyan. Shirley was unable to reach her parents for several days. Once she was able to get through, Shirley learned her mom and dad were ok and that they were helping neighbors in desperate need.

Immediately after the typhoon, Shirley's parents took in two families whose homes were leveled: They are providing food, shelter and assistance with getting these two families back on their feet.

More than one million homes were destroyed. But the Philippines is rebuilding. Businesses are receiving loans to get the economy moving again. Sadly, ordinary people are getting little help. Having built their own home, Bernard and Josefina thought their experiences and expertise could help others, but they can't do it alone.

The goal is for Cabbagetown to raise \$15,000 to help build three homes in the Philippines! We are asking area businesses to help out. On Saturday, April 5th, an Art Roll & Stroll, will take place with the help of *Atlanta Bicycle Coalition*. Art will be displayed in four restaurants where you can walk or bike to visit. During your visit, you can celebrate with beer, wine and appetizers. Milltown will be the last stop of the Art Roll & Stroll. There will be a silent auction and two different raffles at 9p. Attendees will be asked for a \$25 donation.

We are asking area restaurants to contribute gift certificates for the raffle. One of the grand prizes will be an Ipad Mini! Great silent auction gifts have already been contributed: *FunFlicks Outdoor Movies* has donated a backyard movie night to be shown on a 12-foot inflatable screen for 30 people. *Blu Gorilla's* chef Massimiliano Gallinoni will prepare a dinner party for eight, and local artists are donating their beautiful artwork. One of our biggest sponsors, *New Belgium's Fat Tire*, has donated one of their custom bikes.

We are asking for gift certificates with the value of \$10 or more. Any amount you can contribute will be greatly appreciated. If you have a great silent auction item, donations are still being collected. For more info and to help out, contact Shirley at: shirley@sweetcheatsatlanta.com

Thank you for your consideration and we can't wait until April 5th!

Cabbagetown From a Tornado in 2008 to a Typhoon in 2013, Cabbagetown is Ready to Help! Welcome the Atlanta Bicyle Coalition After "Blinkie Awards" Party! Feb 14th at 10p. 20% of Proceeds Benefit "Cabbagetown STRONG" Typhoon Fundraiser for Shirley's "Sweet Cheats" Family. Art Opening: Deeann Rieves **Multi-Media Contemporary Artist** Fri, Feb 21st 7-9p • Complimentary Glass of Wine. NEW: "Milltown Munchies" Late Night Menu! Mon - Thurs ill Midnight! Save the Date! April 5th "Cabbagetown STRONG" We'll help a community as a remembrance of how we helped each other after the 2008 tornado. We'll collaborate with Atlanta Bicycle Coalition for an art crawl and silent auction! New Belgium Beer is donating a New Fat Tire Bike for The Fundraiser! Raffle Starts in March! milltown tavern 180 Carroll Street • Cabbagetown • Atlanta 404.827.0434 • MilltownTavernCabbagetown.com Visit Once a Day. It's Good for YOU!

Cabbagetown Neighborhood Improvement Association: General Meeting

Tuesday, January 14th, 2014 – Cabbagetown Hall (Community Center). Minutes Recorded by Whitney Cheesbro.

Meeting called to order at 7:07p

- 1. APD Report Officer Shaver and Sgt. Gruen report an uptick in crime before the holidays, but since has gone back down. Officer Shaver excited to say they caught the three persons breaking into cars at 97 Estoria! These persons were caught with video evidence from the updated video camera that was installed with the help of our own Public Safety Committee. Will look into talking to Court Watch about these guys and keeping them off our streets.
- 2. Public Safety Valencia Hudson, City of Atlanta Liaison, Natalyn Archibong's office. They have added a street light at 97 Estoria and will look into the streetlight at the end of Carroll St by The Stacks. Neighbor inquired about traffic flow and noted that from Tennelle to Wylie it is a two way street. However, she said someone was yelling at her that it was a one way. Is there anything we can do to put up another sign? Valencia will look into it, but that street is a two way street. Neighbor pointed out that at Memorial and Powell the drain is silted over. Valencia will check it out.
- 3. Special Guest Living Walls Nicki BLVD TNL Initiative is now in Phase 2; beautification. She introduced Monica Campana, Executive Director and Chris Richards, Project Director with Living Walls. Living Walls is looking to bring in artists for the tunnel and have a block party from Edgewood to Carroll St. in April. The BLVD TNL was an appealing project for them, as it is a major connector between neighborhoods. Cabbagetown and O4W can approve the artists and the sketches, and they will bring a sketch to us in March. The block party will have a craft market and pop-up art gallery event. LW is interested in any youth groups that would like to help with the mural. Contact Monica at 321.262.6888. They hope that they will have a series of events to help fundraise for the TNL. LW is on donations only and they have two foundations that help them. In other news, Nicki has applied for a grant for a security camera and is looking into help from nearby businesses.
- 4. Minutes of the last meeting approved unanimously
- **5. Treasurer's report** Karin is out Lyn presented financial report. There was a net of \$1.450 from the Christmas Crawl.
- **6. Public Safety/Neighborhood Watch** Robert Tubbs and Matt Wise are absent, but they are looking at putting on an event to raise awareness/funds.
- 7. Hospitality next roll call at Amanda Bolster's house March 21st.
- **8. CI Connect** Lynne Splinter is absent, but copies of the financial statements are available. CI will be here next month to present the proposed budget. Chomp made \$82,000 this year to fund our great parks!

- 9. Historic Preservation Ron gave the update on last meeting. 670 Memorial Dr. Industry Studios asking for Certificate of Appropriateness for youth modeling and photography studio. Want variance for dumpster, parking, and side yard setbacks for a deck they have already installed. Drawings and materials presented were inconsistent and insufficient. Claiming different hours of operations, had 2 not 1 dumpster – no appropriate dumpster pad, decking drawing was not on a surveyed lot and appears to cross the property line. UDC denied the application outright for lack of documentation and flaws. At issue is the potential for parking across the busy highway at Bar One. There is a larger conversation regarding the placement of the dumpsters. The historic regulations specifically ask for dumpsters far away from the houses. Beltline overlay says it should be far from the street. We need to decide a precedent. Mr. Thomas has a significant investment in the property already. They claim there will be no alcohol on the premises, claim they fired the photographer who held the loud party before. Very full February meeting. If you want to field questions to HP send them in advance.
- 10. NPU- N John The last meeting 12/19 at L5P Community Center. Kwanza Hall and Alex Wan submitted regulations to allow larger recreational assembly venues. The proposal is for a significantly larger place from 8k to 20k sq ft. with the idea that this is for Dad's Garage, but it opens the doors for other things. Starting soon Inman Park will enforce residential parking from 4p to 4 a. L5P has some similar delivery truck issues to us. ⁵1k fine for unloading on residential streets to the truck and the business. Reynoldstown is opening new precinct for the Pathforce (APD Beltline).
- 11. New business Milltown Tavern wants to explore opening for breakfast since Little's had to temporarialy close their grill. Brad had asked why Milltown can't open the grill for the mornings? Brad says renovation could take 6 months to a year. Barb and Brad thought this could be temporary. Milltown would like to be open Mon Fri 7:30a to 10:30a for breakfast (No alcohol). Brad had to leave the meeting, but left a positive statement of support.

Nominations for the new board will happen next month. There will be a big turnover due to term limits, think about it and nominate someone you know will do a great job helping our little neighborhood.

John – proposed creating a license plate for Cabbagetown to be a little bit of a money-maker and an image enhancement for the neighborhood. John was instrumental in the street sign toppers that are such an asset to the beautification of our streets. John has an idea or two for the design and brought it to gather opinions.

Meeting adjourned 8:24 p.

SEABA Update

By Ashley McCartney



On Annual Meeting was held on December 19th, 2013 at *Milltown Tavern*. Milltown provided a generous spread of goodies and a Marine joined us for the *Toys for Tots* drive!

Over the past few years, our membership has increased from 18 in 2011 to 32 in 2012 and 42 in 2013. We also added a new board member, Michele Swing, in 2013.



In addition to our regular soirees and business luncheons, we hosted two Candidates Forums this year, one for City Council and one for Atlanta School Board. We have also been active in the fight against the current development proposed for Glenwood Park. We hope our

efforts to be an asset to the community and we are always up for suggestions on improvement.

On January 23rd, 2014, Zoo Atlanta hosted us for our first Business Luncheon of the year. The presentation was focused on public safety in the area. David Wilkinson from the Atlanta Police Foundation and Gladys Mays from the Crime Prevention Unit, along with several of her colleagues, spoke on public safety topics ranging from the Secure Neighborhood Initiative, Business Watch, Crime Stoppers and other various programs designed to protect our neighborhoods and businesses. This popular topic brought out sixteen guests, including various neighborhood leaders in the area and Councilmember Mary Norwood. We thank Zoo Atlanta for hosting us again and look forward to our next luncheon there in April of 2014.

On February 20th, 2014, *Edgewood Corner Tavern* will be hosting our business networking soiree from 5:30-7:15p. This is our first soiree of 2014 and also a first at Edgewood Corner Tavern. As always, we will be provided with some snacks to munch on and we are responsible for our own bar tabs. Bring your business cards! This is where deals get started.

Please check out our SEABA website at www.seabaga.org. If you would like to be on our mailing list or know more about our organization just send an email to ashmccartney@gmail.com and we'll get back to you. We are also on Facebook.

SEABA (South East Atlanta Business Association) was created through the merger of the Reynoldstown/Cabbagetown Business Association and the Grant Park Merchants Association in 2006. Our most important goals are to strengthen and grow the business community and enhance the quality of life for all residents. SEABA is a 501(c)(6) non-profit corporation operated by volunteers.

President's letter

By Lyn Deardorff



Hi everyone!

Two Big Things to talk about this month:

• CI Budget & Special Projects for 2013
Recently the CI Board met to hammer out a Draft Budget for 2013 and a list of Proposed Projects to be taken on with surplus funds. These funds have become available as a result of successful Chomp 'n Stomp over the years and are in excess of the Operating Funds needed to perform the mandate of CI. So what's

the mandate? As a result of an agreement with the City of Atlanta, we get to have our own Park and Community Center as long as we raise the money to maintain them – a hefty bill each year! And we've since added additional properties to the list: The Community Garden, The 3 Points Triangle, and – as soon as renovated – some aspects of maintenance of the Esther Peachy LeFever Park.

The Board has entertained a long list of possible (and many needed) projects. And now is your chance to review them and add to them something you may have considered good or necessary for the neighborhood. Our February meeting will give a brief overview of the proposed budget and then focus on these proposed projects (more detail on the list can be found in the CI Minutes, printed elsewhere in this Newspaper). This is your chance - come discuss, provide your input, add suggestions, and finally – vote!

• CNIA Elections for the next year

At the February meeting, we will call for nominations for CNIA elected positions, which include President, Vice President, Recording Secretary, Corresponding Secretary, Treasurer, and NPU Rep. Nominations will remain upon during the month, be published in our March newspaper, and voted on at the March meeting. Nominations can also be made from the floor at that meeting.

We have some members who may be rotating off the Board. More importantly, we need to grow our next "generation" of active and support members of CNIA who will take over the leadership roles of our organization going forward. Some of our current officers have served for many years in this and other capacities. And you'll be involved in the future direction of our neighborhood. Think about nominating yourself – or look around and select someone who would make a good potential leader – we need you!

We're proud of our community – let's help it keep going in the best direction for all of us! See you at the meeting Tuesday, February 12th, at 7p.

Lyn

Lyn Deardorff, CNIA President



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(4 flavors of your choice) 6 Petit Fours

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\$40

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6 Petit Fours*

*Flavors of the Day

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Back to the (snowy) Future

By Bill Phillips, Cabbagehead from The Stacks



I'm not sure if you guys are aware of this, but the deadline for getting all the high quality writing into this here *Cabbagetown Neighbor* you hold in your hands occurs somewhat before said paper is actually printed.

Really! That's how it works. I write a thing, I send it over to the editor, he fusses over it in some editor-y way that is a mystery to me, and later a stack of newspapers is deposited over by where I pick up my

mail. That means that time will pass between when I write this and when you read it. That usually also means that I'll let my mind wander and write about whatever I damned well please.

Today is different though. Today, I'm across the country while what seems like the entire Birmingham-Atlanta traffic corridor implodes. Today, I'm looking at folks checking in on social media about how they finally made it home after hellacious eleven hour commutes.

Today I'm just barely keeping myself from laying into a skeptic friend on my *Facebook* wall. He told a mutual friend that his semi-spiritual near death experience on the iced up roads is just survivorship bias in action. (Not picking a fight here, just saying where my head's at.)

They're pretty weird; natural disasters. I was cooped up in *The Stacks* for the 2011 ice storm, and I remember that it made me feel like I'd just released my entire existence. That I let it go and succumbed to this thing that was pulling me and my life away from itself. Leaving me stranded alone in my big empty loft looking down at the white silent railyard. *I liked it*.

Today I look over at Cabbagetown from thousands of miles away. As you read this, though, you're looking over from a week or more away. If you were stuck in traffic then, you aren't now. That was someone else who was stuck there, who was snowed in and ran off to grab a drink at *Milltown* or *Carroll Street Café* to stave off the stir crazies. Who maybe stopped by *Little's* to make sure the cupboard wasn't missing anything.

So: Get back. Take a moment and step back in time. Remember who you were when the city stopped functioning. When the number in your bank account mattered less than where you were... than who you were with. I bet you'll be more thankful for your neighbors and your loved ones than your fences and your handguns. And no doubt, damned glad you don't live in the burbs.

Ctown Roll Call!

Bv Debbie Weeks

The Cabbagetown Welcome Roll Call Committee (CRC) is ready to "Roll Call "again! For those of you new to the neighborhood, we hold a welcome party twice a year to welcome our new neighbors to the neighborhood. It's a blast so don't miss out!

Our next welcome party will be held on Friday, March 21st at the home of Amanda Bolster located at 193 Tye Street at 7p. The CRC has had some incredible welcome parties so you don't want to miss this!

To keep the momentum going, we need your help! We would like all existing neighbors to come to the party to welcome our new neighbors. Having said that, this is gonna be a PARTY!

We would like to extend a personal welcome to each and every new neighbor, provide you with a fact sheet about Cabbagetown and send you a personal invitation to the welcome party in March.

So, if you have been here less than a year and we have not done this yet, please get in touch with the CRC by calling Karen at 404.422.3515, Debbie at 404.272.1906 or email us at *debbieweeks64@gmail.com* (please type in the subject line: "new neighbor or roll call").



Snowmageddon 2014

Continued from front page.

Throughout the storm, *Carroll Street Café* did a busier than normal business. *Milltown Tavern* began witnessing larger than normal crowds starting around 3p. Stacks owner Richard Henry wrote on his Facebook page, "Impromptu neighborhood party at Milltown. Cabbagetown is awesome."

Milltown seemed to be well prepared for the storm. Despite the fact that three delivery trucks cancelled deliveries to Carroll Street (for fear of getting stranded), Milltown kept us all satiated. They offered free coffee the day after the storm.



Shirley and Dan ride out the storm at Sweet Cheats

Park Grounds stayed open through the storm, as did Sweet Cheats. Little's Food Store was well stocked on the day of the storm, but by the next day, Brad and Nina were scrambling to restock depleted shelves. Apparently Cabbagetown loves it's wine. By Wednesday, Nina reported "We don't have a single bottle of red wine left in the store."

97 Estoria welcomed their patrons in through out the storm too.

Agave Restaurant stayed open on the day of the storm, but closed on Wednesday since most of their staff were faced with icy commutes into work. By Thursday, they had their fireplace roaring and they were welcoming back diners in their beautifully welcoming way.

Katherine Dirga reported her work commute from Atlanta Hartsfield-Jackson International Airport back to Cabbagetown, took ninety minutes. Her husband John worked the whole day through despite text messages from Katherine that said "Baby, come home." And so he did. Eventually.

The Cabbagetown Neighbor hopes Governor Nathan Deal and Mayor Kasim Reed, take note of how Cabbagetown prepared for and handled the storm, and use our common sense and undaunting character as an example for the rest of our fair city to emulate.

Farmers' Market

By Holly Hollingsworth

The Freedom Farmers' Market announces their grand opening on March 1st, 2014. Join us at the beautiful Carter Center under a canopy of trees, every Saturday from 9a to 1p, in the southwest corner of the parking lot right off of Freedom Parkway.

This is a place for friends and neighbors to gather together every week to celebrate their community, and good, clean, healthy food.

Freedom Farmers Market at The Carter Center will offer a wide range of local products including fresh produce, bakery goods, cheese and dairy, farm fresh eggs, local meats, handmade preserves and honey, prepared meals, fresh coffee all from the best farmers and vendors in Georgia.

Freedom Farmers' Market at The Carter Center was formed by Woodland Gardens, Moore Farms and Friends and Riverview Farms, a small group of local farmers who wanted to bring their good food to the surrounding neighborhoods. All of the vendors have a dedication to organic, naturally grown and sustainable production practices and represent the best of local food production.

The market is accessible by walking, biking the Freedom Park Path, by Marta bus or by car with plenty of parking. Visit our website for more information on participating vendors and sponsorship opportunities! For more information, please visit: freedomfarmersmkt.com

Security patrol update

By Matt Wise and Joe Ward

Ctown/Rtown	Total Crimes	# of CRSP Contributors
July - Dec 2012	137	24
July - Dec 2013	98	146

In July 2013, CRSP began off duty police patrols in Reynoldstown and Cabbagetown. We have seen a 40% drop in violent crimes in Cabbagetown, the lowest in more than five years. If you wish to get involved, you can join CRSP through our website: *cabbagetownsecuritypatrol.org.*



The night scene

By Quinn Kane



With Valentines Day right around the corner, I figure it would be most appropriate to dedicate this column to the men and women who haven't yet made their plans. I've been fortunate in the past by having girlfriends with great taste in dining and nightlife, which has saved me on Valentines Days, and afforded me with some great go-to places to pass along to you.

This years February 14th falls on a Friday, which should up the ante for our couples

and eager singles in the neighborhood. I've made a list of three nightlife destinations that make for good eats, great drinks, and unforgettable times.

The first and foremost destination is *Holeman and Finch Public House*. My girlfriend brought me there last year, and I seriously expected to see James Bond at the bar. Tucked away on Peachtree near Peachtree Hills, *H&F* is a cocktail bar in the truest form. Our plan of action was to reserve a table for 10p (H & F has famous burgers that they only make and serve at 10p each night, and declare it by yelling "BURGER TIME!" from atop the bar) and arrive early to order all kinds of crazy cocktails (I ordered the "Vesper" created by James Bond in Casino Royale). This turned out to be a perfect course as you drink and mingle, while knowing a great meal awaits. All in all, *Holeman and Finch* is the best Valentine's date destination I've been too.

Next on my list would have to be *Argosy* in East Atlanta. There is nothing so unique about Argosy that warrants headline news, but like the old saying goes, "Don't try to be different. Just be good. To be good is different enough." Argosy is a perfect example of how a good building, servers, menu, drinks, and atmosphere make for a truly enjoyable time. The menu has beer and cocktail pairs for each entrée. Argosy feels like you're inside an old, wooden ship, and my girlfriend and I found ourselves staying long after dinner to play "Cards Against Humanity" (Argosy has a stack of board games) at an empty table while enjoying an after-dinner beer.

Last but not least on my list is *The Sound Table*. While it seems like an usual place for Valentines Day, that's exactly why I've included it. *The Sound Table* is on Edgewood, and is perfect for energetic couples, adventurous singles, and a healthy mix of friends looking for a unique way to spend the night. *Creative Loafing* says *Sound Table* serves "Dishes to Eat Before You Die". Go, and groove to local and world-renowned DJ's. Eat, drink, dance, and enjoy!

I hope you survived Snowpocalypse 2014, and on behalf of all Cabbageheads, I'd like to thank *Milltown Tavern* for staying open. I might just have to celebrate my Valentines Day at the bar, pestering Jackie, Karen, and Sarah about how great they are. *Until next time, I hope to see you out!*

Boulevard Tunnel

By Nicole Braxley

It may seem like the Boulevard Tunnel Initiative was on a hiatus, but just consider us working under cover during the winter months. Here's the latest deets:

- New lights were installed in November throughout the tunnel by the City of Atlanta (they are much brighter throughout)
 The railings were replaced and painted over the summer.
 We just signed a contract with Living Walls to have the entire tunnel painted with a large mural. Living Walls promise us a great artist. Final sketches have to be approved by the City. Living Walls will be covering the cost of the mural (\$10,000 estimate).
- 4. The mural is anticipated to go up in late April. We are working with Cabbagetown and O4W businesses to host a large "block party" to celebrate the new mural. It's very early in the process. More details to come! We will need LOTS of volunteers!
 5. The BTI was just awarded a \$2500 grant from NPU-N and the City towards installation of a security camera in the stairwell.
 6. Public Works has gone back on its word to resurface the road for now. It would be great if folks would send Natalyn Archibong (archibong@atlantaga.gov) a note asking her to push Public Works towards keeping their promise.

As always, thanks for your support, Cabbageheads! Check us out on Facebook or on our blog, www.blvdtunl.com

Community notice

By Barbara Keeney Harper

Milltown has applied for a parking variance to the UDC to extend operating hours from 7:30a - 11a. The application will be presented to the HPC, 2/10, and CNIA meeting, 2/11 for community approval. We will meet with UDC for final approval on 2/12. Please let us know if you have any concerns.

The Cabbagetown Walkers meet at Milltown every Thurs at 7p. It's a great way to network, meet new friends, and exercise. After the walk, we continue the fun over a beer, wine, and food at Milltown. We welcome everyone!

Many of us love to read and would like to belong to a book club. Let's try it: The first book is "On Looking Even Walks with Expert Eyes" by Alexandra Horowitz. Book recommended by Melody Trivisone. Meeting date: February 20th at 8:15p at Milltown Tavern.



It was fifty years ago today...

By Kyle F. Bidlack

On February 9th, 1964, The Beatles, with their Edwardian suits and mop top haircuts, made their first American television appearance, live on The Ed Sullivan Show.

A record setting 73 million people tuned in that evening making it one of the seminal moments in television history. Nearly fifty years later, people still remember exactly where they were the night The Beatles stepped onto Ed Sullivan's stage.

Many Cabbageheads were not around to witness that performance. But The Beatles impact on all of us is undeniable.



Slim Chance

"As a fan, the Beatles were the most important musical act in my lifetime." says **Slim Chance** (aka, James Kelly PhD, from Pearl Street). "On February 9th, 1964, my Dad called me into the living room to see this new band called the Beatles on Ed Sullivan. He said "They're gonna be big." Then on August 18th, 2007, I sang "In My Life" at my Dad's memorial celebration. The Beatles'

music is one of our strongest and most resilient

shared loves, I still think of my Dad and appreciate his good taste every time I listen to the Beatles." says Slim.



"When i was six years old, my mom took me to see Sgt. Peppers Lonely Hearts Club Band, the movie starring the Bee Gees and Peter Frampton. It was horrible. But this was my early introduction to the Beatles' music. There is no greater influence in my life than the Beatles. They were majesty in motion" says Jennifer Harlor Wallin from Milltown.

Jennifer Harlor Wallin "My favorite album and the best of all time is Abbey Road. I'll fight to the death on this one. Written and recorded before the Beatles official last release, Let It Be, but released after, it is the ultimate rock n roll "goodbye" album"" Says Jennifer.

Jennifer continues "And in the end, the love you take, is equal to the love, you make"....the last lyric and track ever recorded together by the band, concludes what is my favorite song(s) by the Beatles. Start at Mean Mr. Mustard, ride it straight thru Carry That Weight and Golden Slumbers, and take it to The End. The most brilliant medley of songs

band put on this earth."

will never ever forget!"

Joanne Savard

Joanne Savard from The Stacks says "They arrived in Montreal before the appeared on the Sullivan Show. It was the first day of school but we went to the airport instead to scream our hearts out when they left the plane and bowed to us from the Tarmac... I

ever written and the last stand of the best

A STATE OF THE PARTY OF THE PAR

Lynne Splinter

BEATLES



Chris Hight

Lynne Splinter from Powell Street says "I was a junior in high school when they played on Ed Sullivan Show. It seems like yesterday! Whoever the biggest band was when you were in high school will usually remain at the top of your list of favs!"

Katherine Dirga says her favourite Beatles work is "The White Album". "No matter what kind of mood I'm in, there is a song on this album to fit it. It's totally schizophrenic but for some reason it completely works together as a whole."

Chris Hight from Savannah St., says "The first mix tape I ever received was from a gal named Jessica. We were freshmen in college. I remember her handing it to me nervously as I noticed lots of colored marker on the label with hearts over the I's. You have to bare your soul when you make someone a mix tape and she seemed kinda terrified. I was awkward but grateful and mumbled thanks. We'd only been on one pseudo college

date and I didn't know we were in mix tape territory. What if it sucked? What's the proper mix tape response for the getter? This changes everything. Crap." Said Chris.

"In retrospect, the tape was great. The third song was Dear Prudence. I considered myself to be a big Beatles fan but this track was only vaguely familiar. It was off the White Album against more screamy songs that I loved like Revolution 1 and Helter Skelter. Go listen to Dear Prudence right now; I'll wait. It's brilliant and became a favorite over the years. By the way, she and I lasted about three weeks as an item but remain friends to this day. I still have the tape somewhere."



Todd Ellington

Todd Ellington from Carroll Street says "The White Album has always been my favorite Beatles album even though it's the most un-Beatles sounding album. There's something fun and whimsical about the music so I find myself singing along to most of the songs which is unusual for me. While some have criticized the eclectic nature of the songs, that is a large part of the appeal for me. The songs

are different, but the track sequencing works and has withstood the test of time. I can't imagine a different track listing. The cherry on top for me is While My Guitar Gently Weeps; it still moves me 30 years after first hearing it."

Ryan McGinness says his favourite Beatles song is "What goes on, on Rubber Soul. Listen to it and you'll know why. A hint of southerness."

Open House rescheduled at GPCP

Were you planning on attending the Open House at the Grant Park Cooperative Preschool? If so, you should know the Open House is now scheduled for Saturday, February 8th at the Cabbagetown Campus (instead of February 1st).

New families interested in enrolling at the preschool are required to attend one Open House session in order to learn about the nature of their "cooperative preschool."

Mark your calendar: Open House date is:

Saturday, February 8th, 2014 at 10:00a at the Cabbagetown Campus, 177 Estoria Street

For more information and to register, please call Melissa at 404.525.3578, or email her at: administrativeassistant@qpcp.org. To learn more about GPCP, Please visit: apcp.org



The 2013 graduating class at Grant Park Cooperative Preschool

SRUMBLES

THIS WEEK'S EPISODE:







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AS SEEN PREQUENTLY IN THIS VERY COMIC STRIP.



GRUMBLESGUY ON TWITTER





HTTP://GRUMBLESGUY.TUMBLR.COM

"It was blue light city!"

By Kyle F. Bidlack

This past summer, our Cabbagetown Public Safety Chairman Robert Tubbs, gave up three Saturday's to help Luis Ponce install security cameras outside of *97 Estoria*.

On Monday, January 6th, four males thought breaking into cars at *97 Estoria* would be easy pickings. They were wrong. A bar patron notified Bar Manager Luis Ponce that he saw a broken window. Luis checked his security cameras and spotted the suspects searching for another car to break into. Luis immediately called the police.

"It was blue light city!" said bar patron Chris Miller. "At least seven APD cruisers came flying through Krog Tunnel!" said Chris. Luis says a spirited crowd of at least fifty bar patrons watched it all unfold from the windows, cheering the arrival of APD and chatting "Get 'em!"

Officer Shavers, our Cabbagetown beat officer was among those responding. After car and foot chases, Officer Shavers and his colleagues apprehended all four suspects within an hour.

Officer Shavers spent time with Luis after the apprehension and praised the installation of the security cameras. Officer Shavers gave Luis a full rundown of the arrrests. Luis then

Luis Ponce, Manager at 97 Estoria

announced the news to the entire bar. The news was greeted with rounds of cheers. "Everyone was stoked!" said Luis. Cabbagetown Neighbor wishes to thank Officer Shavers, Luis and Robert for all their hard work.

"We love the neighborhood! All of us at 97 Estoria live around the neighborhood and we love Carroll Street Café and playing Buck Hunter at Milltown and we miss Little's burgers. We are here to help the neighborhood in any way we can, and to the residents of Cabbagetown we're more than happy to be a watch dog over our corner." Said Luis. Cabbageheads can look forward to some craft markets and big shows at 97 Estoria this spring. Luis is also working on some back of house improvements which he says "is very exciting".

Your Cabbagetown bucket list

By Skyler Waldrop Minter

Atlanta Beltline Night with The Hawks Tuesday, February 4th, 5-10p – Phillips Arena

Come support the Atlanta BeltLine and cheer on the Atlanta Hawks as they take on the Indiana Pacers. Always a favorite annual event for friends of the Atlanta BeltLine. Proceeds from ticket sales benefit the Atlanta BeltLine Partnership. beltline.org/events/atlanta-beltline-night-at-the-hawks

13th Annual Chattahoochee Challenge

Saturday, February 8th, 8a - Chattahoochee Nature Center
This is the best Peachtree Road Race qualifier of the season
- FAST, FLAT & scenic along the banks of the Chattahoochee
River. Enjoy food, music & great vendors. All proceeds from
the race benefit the Chattahoochee Nature Center's environmental education programs. chattnaturecenter.org

Paris on Ponce Valentine's Day Show

Friday, Feb. 14th, 7:30p - Le Maison Rouge inside Paris on Ponce Paris on Ponce's 6th Annual Valentine's Day Event has something really special this year with a wild ride of Burlesque, Female Impersonation and Comedy, mischief and general hilarity. All hosted by Atlanta's Camp Comedy Queen Mary Edith Pitts. A portion of the proceeds benefit Jerusalem House. Take that cupid! parisonponce.com

2014 Blinkie Awards

*Friday, February 14th – Trees Atlanta Kendeda Center*Join Atlanta Bicycle Coalition for the annual bicycle lovefest.
The Blinkie Awards are an annual celebration of all things biking in Atlanta. *atlantabike.org*

Black History Month Parade

Saturday, Feb. 22nd, 12-5p – Sweet Auburn Historic District This Parade is the largest celebration of African-American History Month in America. Celebrate the culture, heritage, history and accomplishments of African-Americans in the United States and internationally. Features marching bands, entertainers, dignitaries, civic groups, non-profits, celebrities, corporate groups, entertainment and fun for the whole family. blackhistorymonthparade.com

CRSP Dine Out at Six Feet Under Tuesday, February 25th – Six Feet Under

Support the Cabbagetown-Reynoldstown Security Patrol by dining out at Six Feet Under. A portion of proceeds after 4p goes toward CRSP. CRSP provides additional police and security presence in Cabbagetown and Reynoldstown, making the community safer. *cabbagetownsecuritypatrol.org*



Goodbye resolutions... but why?

By Delaine Ross, Senior SFG, Condition Kettlebell Gym

When Americans head into February, many of us leave our New Year's resolutions behind us. Why is it that we can't seem to stick with a resolution longer than a couple of weeks?

Usually the problem is the resolution is just not sustainable. Quick fixes are fine for the time being, but if something can't be continued 80/20 (80% compliant and 20% not compliant – because life happens) then what is the point?

There are certain elimination diets that are great because they are designed to educate you on how certain foods affect your body: You make your own decisions about which foods to introduce (when and how much) and design your own diet around what you learned. But as far as picking a general long term diet, you have to figure out what works for you and what is sustainable. (Hint: eating real, non-processed food is never a bad idea.)

The same goes with exercise. There are certain 90 day programs that have you go hard, every day for 90 days – and you may get great results in that time – but then what happens after those 90 days? It's just not sustainable.

You have to pick something that works for you. A program that you enjoy, and that you can stick with long after the initial time period. Anything can work for six weeks. Tell me what still works three years from now.

Many of the "quick fix" programs are just too much for the average person to handle for a long period of time without injury. And even if you don't get injured, you just can't sustain the program. You may lose twenty pounds in six weeks but most people take time off and gain that weight (and more) back in the next six weeks.

I would much rather you find something that you enjoy and can stick with for months and lose five pounds a month for four months and then continue losing those pounds until you reach your goal... and then keep it off because the training is sustainable.

There are a bunch of different ways of eating and exercising – and I certainly have my favorites – *but which one really works for you? The one you stick with.*



Eventide: A New Atlanta Brewery

By Kyle F. Bidlack

Move over Budweiser, PBR and Guinness, there's a new brewer in town, and it's name is Eventide.

This past month, *Eventide* released its first two beers, an American Pale Ale and a Kölsch Style Ale, at *Six Feet Under* in Grant Park. The Atlanta-based craft beer company was formed in 2011 by Nathan Cowan, Haley Cowan and Geoffrey Williams after the three met at Georgia Southern University in 2001. Mathew Sweezey, the company's vice president of marketing, was introduced to group though a mutual friend of Cowan.

"We love and pride ourselves in that the roots of Eventide Brewing stem from a homebrewing project," Sweezey said. "We aren't trying to compete with the other breweries in Atlanta because we are more of a neighborhood brewery."

Currently, the beers are only available on tap. Both beers will be available in pubs and restaurants throughout Atlanta, including: *97 Estoria, Six Feet Under, and Augustine's*.

Salentide Salentide Salentide

Eventide at Six Feet Under. Photo by Charles Adair

The Real Estate Report

This information is provided by Chrissie Kallio using the First Multiple Listing records and data from Housing and Urban Development postings. The information is not guaranteed or warranted. Any questions regarding real estate in the

Cabbagetown area can be directed to the following resident agents: Chrissie Kallio at 404.295.2068

Lynne Splinter at 404.582.0006 • Debbie Weeks 404.272.1906 ...happy house hunting!

DEVELO	PED LOT
For Sale	Price

.10 Acres (Single Family Residence)

\$125,000

COMMERCIAL

719 Mollie St

For Sale	Price
581 Decatur St.	\$4,500,000
536 Decatur St.	\$1,700,000
889 Wylie St.	\$550,000
641 Memorial	\$149,900

HOUSES			
For Sale	Asking		
597 Pickett St. 4 BD/2 BA	\$349,900		
209 Pearl St. 4 BD/2 BA	\$334,900		
125 Short St. 3 BD/3 BA	\$309,000		
182 Estoria St. 2 BD/2 BA	\$274,900		
Pending Sale 250 Powell St.	Price \$269,900		

C	ON	DO	S 8	Ł LO	FTS

3 BD/2 BA

For Sale	Asking		
The Stacks	170 Blvd		
Unit E417	\$280,000		
2 BD/2 BA			
Unit D104	\$199,500		
1 BD/1 BA			
Unit E010	\$182,900		
1 BD/1 BA			
Unit H403	\$140,000		
1 BD/1 BA			
196 Reinhardt Street B			
2 BD/1 BA	\$147,000		

PENDING

CONDOS &	LOFTS
Pending The Stacks	Price 170 Blvd
Unit H507 1 BD/1 BA	\$192,900
Unit H421 1 BD/1 BA	\$156,000
Unit E124 2 BD/2 BA	\$229,900
181 Powell St. Unit 10 2 BD/1 BA	^{\$} 75,000

SOLD

CONDO2 &	LUF 15
Sold	Price
The Stacks	170 Blvd
Unit E103	\$188,500
2 BD/2 BA	
Unit H422	\$186,000
1 BD/1 BA	
Milltown Lofts	
Unit 1106	\$182,000
2 BD/2 BA	



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V

Valentine's Day



Agave will be celebrating Valentine's Day all weekend this year on Friday & Saturday, February 14th & 15th - We will have some amazing food & drink specials along with our regular menu. Call soon for reservations!

Corporate Functions ★ Private/Semi-Private Parties

Make plans to hold your large events or corporate function at Agave.

Large private luncheons are also available.
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20% OFF DINNER ANY SUNDAY – THURSDAY NIGHTS

GIVE THIS NEWSLETTER TO YOUR SERVER AND SUNDAY THRU THURSDAY NIGHT AND WE WILL DEDUCT 20% OFF YOUR ENTIRE DINNER BILL!!

not valid with any other agave offers, discounts, specials or gift cards state of GA tax & gratuity not included with this offer expires MARCH 13th, 2014